

CHELSEA GYMNASTICS ACADEMY

brings gymnastics to the community in Kensington and Chelsea, London.

Our Head Office is registered at Nidry Lodge, next to Kensington Town Hall.

WE OFFER

- Group Classes at St Philip's Church, W8 6QH
- Personal Sessions at The Kensington Studio, W8 6JP
- Personal Lessons in client's homes

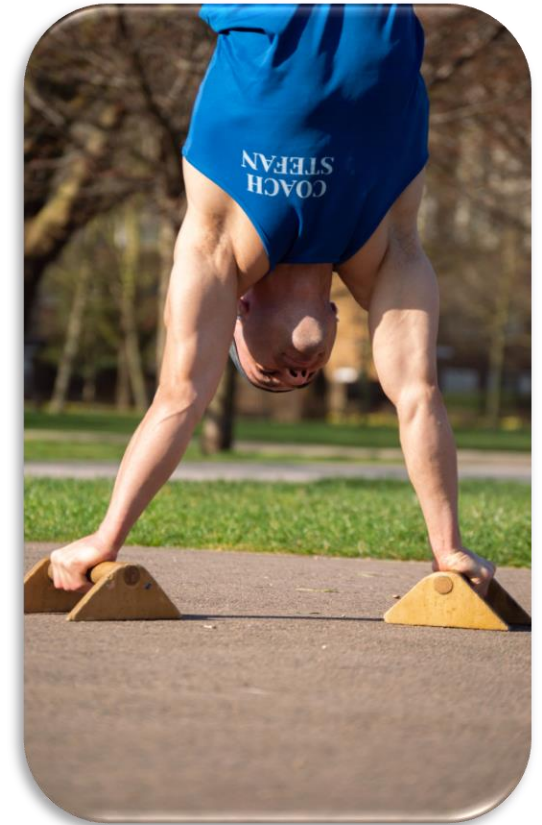
CHELSEA GYMNASTICS ACADEMY

GYMNASTICS FOR CHILDREN IN KENSINGTON AND CHELSEA



Gymnastics for Children

Personal & Group Gymnastics Sessions for Children in Kensington & Chelsea



with
coach Stefan



YOUR GYMNASTICS COACH

All gymnastics sessions are run by coach Stefan

- Director of Chelsea Gymnastics Academy Ltd
- 3 x London Gymnastics Champion
- fully qualified gymnastics coach with an extensive academic and coaching background.

Stefan completed a PhD in Physical Education in Bulgaria in 2018 on the topic of health-related physical fitness assessment in primary school children practising gymnastics. He is currently undertaking a second PhD in Human Sciences at the University of Greenwich, London.

Stefan's practical experience includes many years of teaching children at all levels and abilities.

MISSION STATEMENT

To help people recognise and experience the joy of doing gymnastics in order to sustain a healthier and more fulfilling lifestyle.

QUALIFICATIONS

Stefan possesses a full DBS clearance, Qualified Teacher Status (QTS), Bachelor's, Master's and PhD degrees in Physical Education, Level 3 British Gymnastics Coaching Qualification, and Personal Trainer status by CIMSPA UK.



CONTACT

For further information or to book a session, please call, email or visit our website.

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Email: dr.stefan.kolimechkov@gmail.com
www.chelsea-gymnastics.uk

WHAT DO WE OFFER?

Group Classes at St Philip's Church, W8 6QH

General gymnastics classes in small groups (8 students in a group) for children at the age of 7 and 9 at the beautiful St Philip's Church. The church is located in Kensington and Chelsea at the junction of Earl's Court Road and Stratford Road, 10 min walk from High Street Kensington tube station, 14 min walk from Gloucester Road tube station, and 7 min walk from Earls Court tube station 😊

Personal Sessions at The Kensington Studio, W8 6JP

Personal gymnastics sessions for primary school children at The Kensington Studio. The studio is located in Kensington and Chelsea, 6 min walk from High Street Kensington tube station. Your children will practise many gymnastics skills, such as jumps, balances, cartwheels, handstands, etc.; whilst improving their strength and flexibility 😊

Personal Lessons in client's homes

Personal gymnastics lessons in the comfort of YOUR OWN HOME in London. Unlike joining a gymnastics club or after school club, booking a personal gymnastics session for your child in your home is much more mobile option because you can have the lesson when and where it suits you best. You need just some space and a mat to start 😊